

Early Childhood



Half Entertained Album Track 9: The Lying Down Song

This is the song you do lying down.
You might be on your back or facing the ground.
Once you're in position, we're going to move around.
Here we go. Let's start the first round.

Lie on your back to play this round.
Only your back can be touching the ground.
Lift your arms, legs, and head off the ground.
Everyone ready! Let's dance around!

Musical break.

This is the song you do lying down.
You might be on your back or facing the ground.
Once you're in position, we're going to move around.
Here we go with the 2nd round.

Get on your belly, so you're facing down.
Do the superman pose to play this round.
Arms and legs are straight; lift them off of the ground.
Everyone ready! Now fly around!

Musical break.

This is the song you do lying down.
You might be on your back or facing the ground.
Once you're in position, we're going to move around.
Here we go with the 3rd round.

Lie on your back to play this round.
Only hands and feet should be touching the ground.
Bottoms and backs, lift them off of the ground.
Everyone ready. Crab walk around!

Musical break.

This is the song you do lying down.
You might be on your back or facing the ground.
Once you're in position, we're going to move around.
Here we go with the 4th round.

Get on your belly, so you're facing down.
Only hands and feet should be touching the ground.
Bellies, chest, and knees lift them off of the ground.
Everyone ready. Bear crawl around.

This is the song you do lying down.
You might be on your back or facing the ground.
Once you're in position, we're going to move around.
Rapid fire for the last round.

On your back! Now facing down.
On your back! Now facing down.
On your back! Now facing down.
You just completed the last round!

That was the song you do lying down.
We were on our backs and facing down.
Everyone stand-up. Get yourself off the ground.
Brush yourself off while you dance around.
Brush yourself off while you dance around.